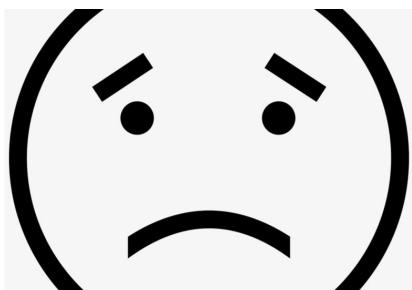


Page 1

Watch the video <https://www.youtube.com/watch?v=z9L4b3LXBIE> and complete the tasks

1 Enter your name

2 Happy, sad, angry, cry or laughing?



3 How was Mr. Orlando feeling yesterday?



Sad

Happy

Angry

4 What can make him feel better?



take a deep breath



count to ten



go for a walk

5 Complete the sentence.

When you feel angry, you can take deep

breaths

breathe

6 When you're sad

sometimes you cry

you feel better, if you laugh

you can count to ten

you can ask someone for a hug

7 When you're angry, you can

count to ten

ask to help you

laugh

8* Put the words in the correct order

feel, great, I

I, sad, feeling, am

I am feeling sad

I am sad feeling

I feel great

Feel I great

Great I feel

9 Put the words in the correct order

happy, sometimes, do not feel, I

10 What do you do to feel better, when you are feeling sad or angry? Write about it!
